

RU-486 Abortion Pill Reversal

Abortionpillreversal.com

If you've taken the abortion pill, it may not be too late. Call **877-558-0333** right away. They can help you!

Housing

Washington Information Network 2-1-1

<http://www.crisisclinic.org/>

Looking for community resources?

Search our online directory of health and human service programs to find resources like food banks (food pantries), emergency shelters, transportation, health clinics, rent or utilities assistance, legal help, and many more. If you need additional assistance, you can also call 2-1-1 to speak directly with an Information & Referral Specialist.

Special Delivery

<http://www.specialdelivery.org/get-help>

Phone: 425-485-3582

Email: specialdelivery@occ.org

Special Delivery is a shelter program serving **18 to 24** year old mothers experiencing homelessness by offering a holistic approach to care and inner healing.

Adoption

Catholic Adoption Services of WA

(206) 328-5747 or (206)718-5275 after hours

http://www.ccsww.org/families_adoption

Provides adoption planning for birth mothers and adoptive placement services throughout Washington State. You do not have to be Catholic to receive services.

Antioch Adoptions

<http://antiochadoptions.org>

(425) 558-0921

12316 134th Ct. NE

Redmond, WA 98052

A non-profit, licensed child placement agency providing no-fee adoption services to Christian families.

Presented By

Kent Lent for Life

You are not alone.

If you are in need, the included agencies offer compassionate, confidential support and the volunteers at 40 Days for Life are always available to connect you to the care that you need. Contact us today.

Abortion Facts, In America:

- ✓ 1 in 5 pregnancies end in abortion.
- ✓ 1,210,000 babies are killed by abortion yearly.
- ✓ 2,000,000 couples are waiting to adopt.
- ✓ Almost all abortions occur after the baby's heart is beating.

If you would like to join us in support of life, contact us today.

<http://ststephenslife.com/kent-lent-for-life>

E-mail: StStephenChoosesLife@yahoo.com

Kent Lent for Life

REFERRAL LIST



Are you pregnant and need help? Even considering abortion?

Please know you are NOT alone during this difficult time and abortion is NOT your only option.

There are people and organizations ready and waiting to offer you the compassionate help that you need. We know you love your baby and want to help you.

FREE HELP

The enclosed organizations offer Free and confidential help:

- Medical help
- Financial help
- Clothing
- Counseling and support
- Adoption
- A place to live

Pregnancy Support Services

Care Net Pregnancy & Family Services of Puget Sound

(877) NOT-ALONE (668-2566)
1414 S 324th St #B-105 Federal Way WA 98003
253-941-2664

www.carenetps.org

Email: fedway@carenetps.org

Pregnancy Testing - Ultra Sounds - Option Counseling - Abortion Recovery Counseling - Parenting Classes & Baby Boutique - STD/ STI Screening - Sexual Health Education

Prepares

Pregnancy & Parenting Support (206) 327-2474

<http://preparesforlife.org>

Email: erin@preparesforlife.org

Free of charge tools that include: Rapid Response & Referrals for Urgent Needs, Mentors, Support Groups, Adoption Help, Family Planning

CCS Catholic Community Services

http://www.ccsww.org/families_pregnancysupport
Pregnancy Support (206) 707-1501

CCS provides adoption services, counseling, parenting support, maternity and baby clothing. They also help with referrals for housing, medical and financial assistance. You do not have to be Catholic to receive services.

Pregnancy Aid

Kent: (253) 939-6676

They provide immediate assistance for any pregnant woman, pregnancy testing, counseling, food and maternity and baby clothing. Help with financial and medical problems through referral to professionals and community.

Next Step Pregnancy Services

<http://angelorum.org>
(425) 329-4569 or Toll Free 866-892-5125
17602 Hwy 99, Suite 170, Lynnwood, WA 98037

They serve those who face unplanned pregnancies ~ regardless of race, color, creed, religion or marital status. We are dedicated to serving with compassion and dignity the immediate and long term needs of those facing unplanned pregnancies. Their aim is to preserve the dignity of women in this difficult time by providing confidential support, peer counseling, and friendship.

Gabriel Project

888-9-AN-ANGEL or (888) 926-2643

The Gabriel Project provides immediate assistance for any pregnant woman. We offer friendship and emotional support, pastoral care and counseling, transportation, baby items, food, clothing, and financial assistance. We also help our clients find community and professional resources to obtain pregnancy testing, medical care, counseling, education, employment, housing, and adoption counseling.

Healthy Start

<http://www.friendsofyouth.org/healthyStart.aspx>
(425) 844-9669 x102

Healthy Start strengthens young families and promotes health and success for their young children. The program has four components:
-Parenting and educational support
-Group activities such as support groups and recreational activities
-Developmental and health screenings
-Referrals to other resources in the community

Healthy Start is for young parents under 23 who are expecting or are caring for their first child (under 6 months of age). Services may continue until the child reaches 3 years of age.

Post Abortion Healing

Care Net of Puget Sound Healing Tide Abortion Recovery Program

(877) NOT-ALONE (668-2566)

<http://carenetps.org/services/abortion-recover>

They provide free and confidential counseling for men, women, siblings, grandparents or anyone else that might be hurting emotionally, physically or spiritually due to an abortion.

Project Rachel

(800) 822-HOPE

<http://www.hopeafterabortion.com>

Rachel's Vineyard offers post abortion counseling and provides weekend retreats for post abortion healing.

Silent No More Awareness

<http://www.silentnomoreawareness.org>

The campaign seeks to expose and heal the secrecy and silence surrounding the emotional and physical pain of abortion.

- Reach out to people hurt after abortion, encouraging them to attend abortion after-care programs. Invite those who are ready to break the silence by speaking the truth about abortion's negative consequences and the path to healing.
- Educate the public that abortion is harmful emotionally, physically and spiritually to women, men and families, so that it becomes unacceptable for anyone to recommend abortion as a 'fix' for a problem pregnancy.
- Share our personal testimonies of hurt and healing to help others avoid the pain of abortion.